



Vitality members record
your workout
and earn 150 points a day



The Vitality points machine

With a Vitality points machine installed at various registered companies and sport clubs, Vitality members have more options when looking to keep fit. Just record your workouts on the Vitality points machine at a registered fitness facility and earn Vitality points. This document explains how it works.

What is the Vitality points machine?

The Vitality points machine is a standalone machine installed at various fitness facilities. These machines allow Vitality members to input your details and earn Vitality points for your workout. Facilities with a Vitality points machine allow Vitality members to earn Vitality points for exercising your way, instead of just for working out at the Vitality fitness partner network.

The Vitality points machine records workouts and we award Vitality points based on these recorded workouts.

Who may use this benefit?

All Vitality members, 18 years and older, on an active Vitality membership may use the Vitality points machine and earn Vitality points for workouts (only applies after you turn 18). You can belong to any of our other fitness partners and still earn points through the Vitality points machine.

What you pay

You do not pay anything to use the Vitality points machine, other than your monthly Vitality premium.

How it works

If you exercise at a registered fitness facility that has a Vitality points machine, you must use the Vitality points machine to record your workout. If you do not, you will not earn points for the workout. You do not have to register to use the Vitality points machine.

You must enter your details by following the prompts on the Vitality points machine at the fitness facility where you work out.

Vitality points you earn

Maximum of 150 points each day and 15 000 points each year

You earn a maximum of 150 Vitality points for a workout at a fitness facility with the Vitality points machine. All the points you earn for workouts that you record on the Vitality points machine count towards the yearly limit of 15 000 Vitality points for fitness activities.

It takes two weeks for your points to show

The fitness facility will send Vitality the details of your recorded workouts. This will make sure your points are awarded. It takes a maximum of two weeks for your points to show on your Vitality Points Monitor.

What you need to know

1. Only companies with fitness facilities or sports facilities qualify to install a Vitality points machine.
2. The contract for the Vitality points machine is for a period of 12 months and facilities pay the yearly amount upfront and in full.
3. The Vitality Points machine only works in areas where there is a strong and consistent MTN signal and GSM technology. It needs electricity to work and must stay plugged in.
4. There are set guidelines from Discovery Vitality about how to introduce, promote and use the Vitality points machine.

Ending this benefit

This benefit ends when your Vitality membership ends.

Contact us

If you have any questions or want to order a Vitality points machine, please call Vitality Partner Operations on 011 529 8898. You can also call the Vitality Call Centre on 0860 99 88 77 or email us at Vitalitypartnerrelations@discovery.co.za.

Terms and conditions apply. If you have any questions or need more information about this benefit and a set of the full Vitality rules, please visit www.discovery.co.za and click on Discovery Vitality.